DOUBLE S & H GREEN STAMPS EVERY TUESDAY

LOVE A BARGAIN?

TRY THESE VALENTINE DAY FOOD VALUES

STORE HOURS
MONDAY-SATURDAY
8 A. M. to 9 P. M.
SIX DAYS A WEEK

SWIFT'S - INTERBASED - 10 - 18 Lb. AVG
Gold Crest Turkeys
lb. 39¢

BONELESS
Imperial Oven Roast
$1.39 lb.

SEMI-BONELESS
Fresh Pork Roast Sale: Ham Roast
lb. 99¢

Imperial Broil Steak	lb.	$1.49
Savoy Broil Steak	lb.	$1.59
Bologna GWALTNEY-ALL MEAT	lb.	79¢
Ground Chuck	lb.	$1.09
Beef Short Ribs	lb.	69¢
BONELESS Ham Rump Roast	lb.	$1.39
Sir Ham Roast	lb.	$1.39
Ham Hocks FRESH	lb.	59¢
GWALTNEY Cooked Ham	6 OZ. PKG. EA.	79¢
Ham Steak FRESH	lb.	$1.49
CENTER RIB SMOKED Pork Chops	lb.	$1.29

Pleasing Fresh Produce:

ORANGES LARGE TEMPLE
69¢ DOZEN

Baking Potatoes IDAHO
2 lbs. 35¢

VINE RIPE **Tomatoes**
3 lbs. 99¢

Coca-Colas
8 16 OZ. BOTTLES Plus Deposit 79¢

Grape Jelly WELCH - 3 LB. JAR
79¢

FIRM GREEN **Cabbage**
lb. 10¢

SHOWBOAT **Pork & Beans** 4 31 OZ. CANS $1

Corn WIGWAM-WHOLE KERNEL	5	16 OZ. CANS
Sweet Peas WIGWAM	5	16 OZ. CANS
TIP TOP Asparagus Tips	3	10½ OZ. CANS
Paper Napkins RICHFOOD-250 COUNT		43¢
Ivory Liquid DETERGENT-22 OZ. BOTTLE 10¢ OFF LABEL	2 FOR	89¢
Dish Lotion DETERGENT-32 OZ. BOTTLE		37¢
Saltine Crackers FIRESIDE - 16 OZ. BOX		29¢
RICHFOOD Macaroni & Cheese	2 -7½ OZ. BOXES	39¢
PETER PAN Peanut Butter 28 OZ. JAR		99¢
SCOTTIES 200 COUNT Facial Tissues	3 BOXES	89¢

Washing Powder RICHFOOD - 49 OZ. BOX
65¢

POCAHONTAS-CUT **Green Beans**
3 - 31 OZ. CANS 89¢

Paper Towels RICHFOOD - 162 COUNT
3 ROLLS 89¢

RICHFOOD-620 SHEETS **Bathroom Tissues** 4 ROLL PKG. 43¢

TIDE- **Washing Powder** 49 OZ. BOX 79¢

COFFEE MAXWELL HOUSE
REG. OR DRIP - 16 OZ. CAN 85¢

HEALTH and BEAUTY AID DEPT.

Hair Spray BRECK-13 Oz. Can		59¢
Right Guard DEODORANT-4 Oz. Can		59¢
Listerine MOUTH WASH 14 Oz. bottle		88¢
VASELINE Intensive Care Lotion 10 Oz. bottle		88¢

KINGS SUPER MARKETS
Triangle Plaza Shopping Center

TIMES-VIRGINIAN
APPOMATTOX, VIRGINIA

A LIVE WEEKLY NEWSPAPER AT HISTORIC APPOMATTOX COURT HOUSE, VIRGINIA

VOLUME 80 NUMBER 8 | APPOMATTOX (VA.), 24522 - TIMES-VIRGINIAN, FEBRUARY 22, 1973 | 10 CENTS SINGLE COPY

Father Parkleaf

CALVIN H. ROBINSON

Martha Street, Monday ing. This is the big week rap up the high school ball season. Friday night ckingham College, the ble District tournament draw capacity attendance here is a salute to the teams, boys and girls, s I get to go will tote my lucky rabbit's foot. I a lunch ACHS will go on regional title games.

* * *

warmer and it is easier art the old car in the ing. A lot could be s about how to start a a cold morning. For one early Model T Fords, we to pour a kettleful of hot over the manifold. her scheme was to jack up wheel, and tamper with dashboard gadget which ed the "leanness" of the mixture . . . or take cranking. Time Marches ing the car started on a morning is not the m once 'twas. And ing of cars, my '63 is so e it humps if I drive the shadow of a utility

* * *

t decision: when is it dry to plow the garden! We d a wet time on Martha and are eager to get with Spring chores. And s to me that lots of Cleaning is around the We have already indoors. Amazing how we found we had en about.

* * *

rtment is wonderful! magine, getting a car renewal application, you an option as to you would like to apply newal. Heavens to Betsy, bout every other Feb- y.

* * *

yes, the telephone rang the week end and a nounced "long distance Missouri." Sho 'nough, Turn- to be a friend from ll, Mo., who wanted to out the famous Pamplin ges! Promised to write. Sweet It Is" to know te people are in the y.

* * *

e it from me to discuss of a fine lady, maybe ception is my friend, Mrs. Robertson, who will be ous ninety-one Monday. One of Appomattox's ladies, and why don't end her a greeting! Appomattox, Va.

* * *

ody yet, one wassup t of hiding and got d upon infiltering my rch. I have a hunch we to contend with a crop of bugs, insects this year. One garden lists praying Mantis rthworms for sale. I'll re is and where is, an nest of critters. Re- me that the line city in was named New Ark, nstation being a Ark to gather God's Ended up as one word:

* * *

to set up plans for an ce of April 9, the ary of Appomattox's ous with history. Al- mething to plan for A g Town.

* * *

note: A group of st "chitterling eaters" a special annual dinner hburg, Twas not for have never tasted this delight. But I recall late judge Joel Flood, Sen. Charles T. Moses y other local dignatar- sted on chitterlings. was an art in prepara- serving and many of longed to the clan.

* * *

issue of The Times-Vir- s a bargain chart, read it, and be proud that ttox is very, very nt!

Under New Management

The locally owned Western Auto Store on Confederate Boulevard, Route 460, was sold recently and is now under the new management of Lonnie Reynolds.

Shown above, discussing plans for their Grand Opening set for February 22 through March 3, from left to right, are Lonnie Reynolds, manager, Bunny Reynolds, Julia Wingfield and Doug Martin.

The former owner was Cecil J. Rowe.

Lions Club Will Meet Feb. 22

The Lions Club of Appomattox will meet on Thursday, (tonight) February 22, 1973, at 6:45 p.m. at Maude's Restaurant.

According to President, Eugene Peyton, if you miss this meeting you will be sorry on April 15th.

Lion Sam Waddell will present a timely program on "You and Your Income Tax". This program will be of interest to all so be present when your Lions Club meets tonight.

PAMPLIN FIREMEN SPONSOR DANCE

The Pamplin Volunteer Fire Department will sponsor a round and square dance on Saturday night, Feb. 24th from 9 p.m. until 12 p.m. at the Pamplin Fire House.

Music for the evening will be furnished by the Old Country Soil Bankers of Appomattox.

County Youth Association To Meet March 1st

According to an announcement from Roy Massey, president there will be a meeting of all members of the Appomattox County Youth Association at 7:30 p.m. on Thursday night, March 1st at the Fidelity National Branch Bank.

The purpose of this meeting will be to elect officers for the new year and to discuss a new insurance coverage for all boys participating in the sports program sponsored by the Appomattox County Youth Association.

All members are urged to attend.

LEGION POST 104 WILL MEET MONDAY NIGHT

The American Legion Post 104 of Appomattox County will hold its regular meeting on Monday night, February 26, 1973 at 7:30 p.m. at the Post Home.

Trooper Howard Gregory, Virginia State Police, Third Division, will be the guest speaker for the evening.

All Legion members are urged to attend.

Nation's Number One Killer
Heart Disease Takes 64.0 Percent Toll Locally

Heart Sunday - Feb. 25th

County Goal Set At $2,250

Approximately 75 volunteers will be out Sunday, February 25th, seeking funds for the annual Heart Fund Drive, according to Tom Matthews, Chairman for Appomattox County.

The Heart Fund Goal for Appomattox County this year is set at $2,250, an increase of $250 over that of last year.

It takes at least 75 volunteers working in one capacity or another to cover the county. Businesses are being contacted by letter but a door-to-door canvass of the county will be made.

Contributions may be made through some of the area churches.

February is Heart Fund Month! Heart and blood vessel diseases kill more Americans than all other causes of death combined. Thousands of lives could be saved just by knowing a few simple facts. The average victim waits three hours before he decides to get help. More than half the victims die before they reach the hospital. Warning signs usually precede a heart attack and one of the purposes of the Piedmont Heart Association, of which we are a part, is to educate the public to these signs.

When a volunteer calls on you, please give generously. Your contributions can be used in research and in education for the public and can possibly help cut down on the number of deaths due directly to heart and blood vessel diseases.

In Appomattox County, according to the last three annual reports issued by the government, approximately 64.0 percent of all deaths of local residents are due to diseases of the cardiovascular system, commonly lumped together under the name heart disease.

The proportion is somewhat larger than that reported for the United States as a whole, 58.5 percent. It is also above the ratio in the South Atlantic States, 52.6 percent.

The mortality rate varies considerably from one section of the country to another. Among the reasons given for the difference are local eating habits, hereditary background, their estate, when actually it may be of greater importance to young families.

Estate planning is providing for the future – your spouse and family – education of children – providing a guardian for minor children – estate and inheritance tax management – providing for the orderly succession to management of your business – wills and deeds.

Twenty - seven people have already registered for this meeting; it's open to all citizens. Smith urged that both wives and husbands attend because this should be a joint decision.

New York - What is the magnitude of the heart disease problem in Appomattox County? How does it compare with the situation in other areas? What progress is being made in coping with it?

The questions come to the fore at this time because of the recent death of President Johnson and because this is National Heart Month.

According to the latest figures released by the U. S. Public Health Service, based upon data gathered from all parts of the country, heart disease continues to hold its position as the nation's number 1 killer.

The toll it takes is greater than that due to cancer, accidents, pneumonia and most other causes of death combined.

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Studies undertaken by the American Heart Association and others indicate that "the good life" in the United States and in other advanced nations invites heart trouble for many people.

"Living it up" through too much indulgence in the wrong kinds of food causes fatty materials, called lipids, to build up in the blood and circulatory system, putting a strain on the heart as it tries to pump blood through the arteries.

Cont'd on page 2

Schedule Set For Meetings

Estate planning meetings are scheduled for March 12 and 19, J. A. Smith, Extension Agent, announced today.

There will be two 2-hour meetings held at the District Extension Office beginning at 7:30 p.m. The first meeting will deal with wills and deeds and the second session with gifts, insurance, sales and trusts.

Smith pointed out that it's unfortunate that a great many people prefer waiting until retirement before planning for their estate, when actually it may be of greater importance to young families.

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Twenty - seven people have already registered for this meeting; it's open to all citizens. Smith urged that both wives and husbands attend because this should be a joint decision.

Farmers Bank Elects Directors

The Annual Meeting of Shareholders of The Farmers National Bank, Appomattox, Virginia, was held at the Banking House on Tuesday, February 20, 1973, at 2:30 p.m.

The Articles of Association of the Bank provides that the number of Directors elected at the Shareholder's Meeting be determined by vote of the Shareholders. A resolution was passed at the meeting establishing the number of Directors at 14.

The persons named below, all of whom were members of the Board of Directors, were elected to serve for another term which ends at the 1974 Annual Meeting of the Shareholders.

Elected were W. M. Abbitt, Attorney-at-Law and Member of the U. S. House of Representatives, retired; Eugene W. Carson, Dairy Farmer and District Extension Agent Emeritus; John C. Cole, Dairyman and member Board of Supervisors; J. B. Drinkard, Jr., Certified Public Accountant; T. DeWitt Evans, Executive Vice President; John S. Grinels, Auto Dealer, retired; Alfred R. Harwood, Jr., President; Merchant; William A. Hunter, Cashier; J. E. Jamerson, Vice President, Dealer in Building Materials; W. E. Jamerson, Building Contractor; J. A. Mathews, Physician; C. T. Moses, Jr., Auto Dealer; James J. Pugh, Jr., Assistant Cashier; and James A. Smith,

Cont'd on page 2

Health Of Local Residents Compared

IMPROVEMENT NOTED IN COUNTY

New York - Are residents of Appomattox County getting healthier, year by year? Judging by the amount of time taken out by them for illness, are they in better shape now than they were a few years ago?

Just how healthy the people in one section of the country are, as compared with those in other sections, is determined by the government through a continuing survey, based upon weekly samplings.

It is conducted by the National Center for Health Statistics, which is a division of the Department of Health, Education and Welfare.

A "disability days index" is used to estimate the general health in each area. This takes into account the number of days that people are forced by illness or injury to stay home from work or school, to stay in bed or otherwise to cut down on their normal activities.

According to the latest figures, in Appomattox County's regional area there has been noticeable improvement in the health of the local population since 1965.

Their restricted activity time averaged 15.9 days per person in 1970, including 7.2 days in bed, the report shows. This compares with 16.9 restricted days, 6.7 of them in bed, in 1965.

Elsewhere throughout the country, people were on the disability list for an average of 14.6 days, of which 6.1 were bed days.

In Appomattox County, applying the regional average locally, the current rate of disability is causing an overall loss of 156,000 activity days per year.

Cont'd on page 6B

Rev. Brooks Accepts County Pastorate

The Rev. Clinton I. Brooks has accepted a call to pastor Union Hill and Reedy Springs Baptist Churches of the Appomattox Association, filling the vacancy that occured when Rev. David Brooks accepted a call to another church.

Beginning in March, Rev. Clinton I. Brooks will be leading the worship services at Union Hill Baptist Church on the 1st and 3rd Sundays and will be at Reedy Springs on the second and fourth Sundays.

Rev. Brooks is a native of Missouri and resided there from the time of his birth in 1930 until he entered the U. S. Army in 1947. He served in Korea and Vietnam and won

Cont'd on Page 6B

Fidelity Names Vice President

Eleven promotions have been made by Fidelity national Bank, according to an announcement from E. R. Harris, Jr., Fidelity president, after a meeting of the board of directors in Lynchburg.

The advancements are James A. Nolen to Vice President and Agricultural Services Officer; Sam B. Freeman to Vice President, Clarksville Office; Thomas D., Gerhardt to Trust Officer; William B. Crawford to Assistant Trust Officer; Eugene J. Rumney to Assistant Trust Officer; Mrs. Mary Belle White to Manager, Peakland Branch; and John Sebrell to Loan Administration Officer. New Loan Officers include Ray A. Barnett; L. Gregory Marsh, Madison Heights Branch; B Bruce McCoy, Brookneal Office and William Jarrell Vinson, Jr., Chestnut Hill Branch.

Nolen, a resident of Appomattox, was graated from Amelia High School, V.P.I., and received his Master's degree in adult education from North Carolina State University. He joined the staff of Fidelity in 1970. He is chairman of the Virginia Bankers Association Committee on Agriculture, serves as a director of the Virginia Agri-Business Council and as a member of the Virginia State Chamber of Commerce Agri-

James A. Nolen

culture Committee.

Nolen is also a director of the Appomattox Chamber of Commerce and a past president of the Oakville Ruritan Club. He is a member of the Lynchburg Sports Club, the Piedmont Club and Liberty Baptist Church.

Nolen and his wife, the former Paige Clark, are the parents of two daughters.

FIRE CALLS

The Appomattox Volunteer Fire Department has reported answering three fire calls during the week of February 12th.

On February 13, at 9:45 a.m. seven firemen and two trucks responded to a fire call at the Parkway Sandwich Shop On February 18, at 12:15 p.m. they responded to a grass fire at Oakville and on February 18 at 2:00 p.m. they responded to a call for a grass fire on Route 460 across from the State Police Station.

SOUTHSIDE ELECTRIC CO OP PLANS EXPANSION

Mr. C. S. Hooper, Jr., Manager of the Southside Electric Cooperative, has announced its construction plans for Appomattox County for 1973. Work is in progress in the Spout Spring area converting existing line to increase the capacity and provide more adequate service. The estimate cost of the improvements in Appomattox County is $41,700. This is just a portion of the total of $2,300,000 to be spent

Cont'd on Page 6B

Raiderettes Win First Place In District

The Raiderettes Basketball Team at Appomattox County High School ended their season play on Friday night with a 13-1 Seminole District record when they defeated the Brookville Queen Bees by a score of 84 to 75. They have an overall record of 14 - 1 for the season.

The No. 1 team in the district is shown above: front row, left to right, Mary Louise McCraw, Sally Harvey, Jane Hix, Mary Jane Smith and Joan Coleman; second row, left to right, Rita Inge, Debra Preston, Sue Moore, Trish Book and Kathy Mitchell; and on the back row, from left to right, Miss Mary Libby Tolley, assistant coach; Cindy Smith; Debra McIvor; Carla Liford; Teresa Smith; Sue McCormick, Manager; and Janet Hix, Manager; and Mrs. Louise Martin, Coach.

Appomattox defeated Altavista 41 - 38 in the opening round of the girls' Seminole District basketball tournament on Monday night and Rustburg downed Staunton River 40 - 36. The wins advance the Appomattox Raiderettes and the Rustburg Devilettes to the championship round to be played on Friday night at Lynchburg College Turner Gymnasium with the first tournament game beginning at 6 o'clock. Ticket doors will open at 5:00 p.m.

Raiders Undefeated In Seminole District

The Appomattox County High School Raiders basketball team ended its regular season Friday night, February 16, with a perfect 16-0 district record when they defeated the Brookville Bees 63 to 49. The Raiders have a 19 - 1 overall record for the season.

The undefeated Number One team in the district is shown above: front row, from left to right, William Mann, Nathan Snell, Al Sears, James Reed and Cliff Morris, Coach of the Raider team; on the back row, from left to right, are Co-Manager Phillip Goode, Dennis Totty, Bobby Layne, Richard McCoy, Ken Gafford, Robert Smith, Mark Eggleston, Leon Robinson, Sammy Waddell and Co-Manager Joe Johnson.

The Raiders began tournament play on Tuesday night at the ACHS gym at 7:30 p.m. They downed the No. 8 team, Staunton River, by a score of 91-51 in Tuesday's game and were set to meet the winner of Team 5 and Team 4 in the semi-finals at Lynchburg College Turner Gymnasium on Wednesday night. Winners of the two games scheduled at Turner Gym on Wednesday will meet for the Championship series on Friday night, the Varsity boys game set for 9:00 p.m. Tickets for the semi-finals and the finals played at Turner Gym will be sold for $2.00 for both students and adults . . . ticket doors open at 5:00 p.m. on Friday night for the Championship series when the Seminole District Junior Varsity boys will play at 6:00 p.m.; the Girls Varsity at 7:30 p.m. and the Boys Varsity will play at 9:00 o'clock.